

SUICIDE INTERVENTION AND PREVENTION PROGRAMME

Te Pū Wānanga o Anamata

Wananga 1	Wananga 2	Wananga 3	Wananga 4	Wananga 5
Dates: 9-11 July 2012	Dates: 13-15 August 2012	Dates: 10-12 September 2012	Dates: 15-17 October 2012	Dates: 12-14 November 2012
Venue: Whakatāne	Venue: Whakatāne	Venue: Whakatāne	Venue: Whakatāne	Venue: Whakatāne
Facilitator: Dr. C. Cookson-Cox	Facilitator: Dr. C. Cookson-Cox	Facilitator: Dr. C. Cookson-Cox	Facilitator: Dr. C. Cookson-Cox	Facilitator: Dr. C. Cookson-Cox
Colonisation and the impact of oppression and marginalization on Whanau Ora	Classification of Mental Health Disorders	Recognise, respond to and report suicide risk factors and signs of distress in a person	Assess and manage the person identified as at risk of suicide	Demonstrate self-awareness related to suicide intervention
Content will include; <ul style="list-style-type: none"> ▪ Maori perspectives on suicide according to pre-colonisation perspectives ▪ Impact of post-colonisation and global culture on Te Ao Maori ▪ Impact of social changes on different age groups in Maori society ▪ Examination of trends in the statistical incidence of suicide amongst Maori in terms of age groups ▪ Identifying questions for future research to examine the correlation between contextual factors and the incidence of suicide amongst Maori ▪ NZ Government response to Suicide as a health issue ▪ Other 	Content will include; <ul style="list-style-type: none"> ▪ Mental health as a cultural concept (Maori and Tauīwi) ▪ The Mental health continuum ▪ Classification of mental disorder including mood disorders, anxiety disorders, conduct/oppositional disorders, personality disorders, substance abuse and dual diagnosis ▪ Interventions and treatment options ▪ Personal and social issues and consequences of mental illness upon individuals, families/whanau and others ▪ Roles and functions of mental health service providers in terms of prevention, intervention and post-vention ▪ Other 	Content will include; <ul style="list-style-type: none"> Predisposing Factors including; <ul style="list-style-type: none"> ▪ Cultural, psychological, genetic, familial, environmental, spiritual and biological risk factors ▪ Abuse, neglect and violence ▪ Co-morbid substance abuse Precipitating Factors including; <ul style="list-style-type: none"> ▪ Loss and grief ▪ Sexual identity ▪ Legal problems/police ▪ Increased substance abuse ▪ Adjustment issues ▪ Deprivation Perpetuating Factors including; <ul style="list-style-type: none"> ▪ Mental illness ▪ Access to means ▪ Suicidal ideation ▪ Suicide plans ▪ Suicide attempts ▪ Hopelessness ▪ Other 	Content will include; <ul style="list-style-type: none"> ▪ Attending to immediate safety ▪ Establishing an environment for assessing risk of suicide ▪ Gathering and assessing appropriate information about a person in a situation of suicide risk ▪ Assessment tools and their use ▪ Maori assessment tools and models ▪ Assessment conclusions are valid according to relevant criteria ▪ Formulating and selecting effective intervention strategies ▪ Consultation and referral as part of risk management ▪ Monitoring and follow-up care as part of risk management <ul style="list-style-type: none"> ▪ Protective factors ▪ Effective service delivery ▪ Other 	Content will include; <ul style="list-style-type: none"> ▪ Analyses of own cultural perspectives and life experience related to suicide ▪ Providing guidance to community groups and other organizations about developing their own safe responses to suicide in their settings ▪ Strengthening community co-ordination responses amongst emergency services, support services and community groups to suicide risk and suicide related deaths ▪ Disseminating information on managing the impact of suicide on family, friends, colleagues and others ▪ Leadership and collective responsibility ▪ Other

*dates may change but participants will be notified in advance